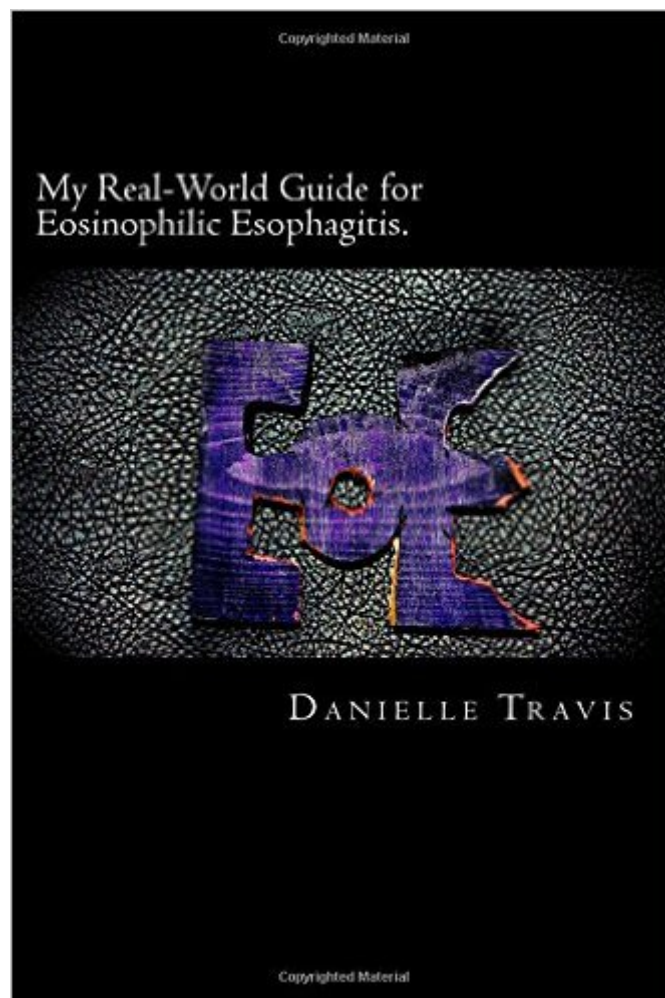


The book was found

# My Real-World Guide For Eosinophilic Esophagitis.: A Guide To Helping Children, Parents, And Anyone Else Navigate Through The Thoughts And Feelings Associated With Eosinophilic Esophagitis.





## Synopsis

"My Real-World Guide for Eosinophilic Esophagitis" is a self-help guide for anyone who has this disease, or anyone who has a loved one affected by this disease. This book is not only for teens struggling to live with this disease on a daily basis, but this book reaches out to the parents, grandparents, and friends who have a child or someone close to them that is conflicted with Eosinophilic Esophagitis (EoE). Within the pages of this book, youâ™ll get an inside look into the daily life of someone who struggles to eat food. Itâ™s the real deal; all of the thoughts, feelings, and emotions that go on behind the scene. Youâ™ll find tips and tricks to help get through rough situations, little pieces of encouragement to make the dark days brighter, and real-life, relatable stories. Hopefully this book will let some people peek into the world of EoE and will let others know that they arenâ™t alone in this disease.

## Book Information

Paperback: 118 pages

Publisher: CreateSpace Independent Publishing Platform; 1 edition (February 7, 2015)

Language: English

ISBN-10: 1506028373

ISBN-13: 978-1506028378

Product Dimensions: 6 x 0.3 x 9 inches

Shipping Weight: 8.2 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 starsÂ Â See all reviewsÂ (11 customer reviews)

Best Sellers Rank: #427,897 in Books (See Top 100 in Books) #239 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Abdominal

## Customer Reviews

This real-world guide is actually a REAL WORLD GUIDE as Danielle Travis, someone with this condition, tells us exactly how it feels and what comes with having EOE. This book is great for learning more about your own EOE or learning how to manage parenting a child with EOE. This book has several tips and suggestions for how to live with EOE and how to manage the physical, emotional, and mental side effects that comes with it. If you want to learn more about how it feels to have EOE or how you can help someone you love with this condition, this book is indeed a fabulous real-world guide for EOE. There is nothing like this book out there because there are not many EOE books written by a person who actually has gone through it.

This book is as real as it gets for someone who has EoE or for a friend or family member who knows someone with EoE. The book itself is a wonderful look into the life of Danielle as she goes through and learns from her experience with EoE. You can not only relate to the stories Danielle has told but can also learn from them as she gives you tips. It is one of those books that makes you smile and gives you hope. I would recommend it to anyone with or without EoE.

Danielle Travis does such an amazing job delivering her readers with informational text and suggestions for someone living with, or knows of someone who has EoE. It truly is a great and easy read for anyone, of all ages, to learn a little more about this disease. Travis takes the time to relate to her readers on all levels, by reaching out and admitting her struggles, as well as uplifting the reader with positive thoughts and advice.

Danielle Travis has done an amazing job telling readers about eosinophilic esophagitis. I would recommend this book for anyone who is struggling with this illness or knows someone who is. She doesn't sugar coat anything that she has endured as a result of eosinophilic esophagitis. When she says it's a real world guide, that's exactly what she means. I don't struggle with this particular illness, but I do struggle with gluten sensitivity. This book helped me to see that there are ways to still be social and gave me a goal of being social without always having food involved. I don't know about anyone else but to me Danielle achieved her goal with this book, of helping others get through Eosinophilic Esophagitis or other illnesses.

This book gives a fantastic insight on the feelings that come along with having Eosinophilic Esophagitis. Danielle opens up about her life and everyday trials and tribulations that come along with having extreme food allergies. This book would be a great fit for anyone struggling with disease and even for friends and family. I loved the way that Danielle shared a story or her feelings at a certain point in her treatments and then gave a tip for those who are experiencing what she was experiencing and also gives advice to parents and loved ones about what their children may be feeling and what they can do to help. My Real- World Guide for Eosinophilic Esophagitis is a must read!

Danielle Travis wrote a real world guide, which is completely real world as she did not hold anything back in her writing. She created one of a kind book, giving the audience a peek into her journey with Eosinophilic Esophagitis (EOE). This book is a collection of journal entries and lessons learned from

many experiences she went through with EOE. It has not been an easy journey for her, but she has certainly made the best out of it by creating a keepsake that would inspire anyone who is diagnosed with EOE to push through the challenges and know that they are not alone.

[Download to continue reading...](#)

My Real-World Guide for Eosinophilic Esophagitis.: A guide to helping children, parents, and anyone else navigate through the thoughts and feelings associated with Eosinophilic Esophagitis. Blending Families Successfully: Helping Parents and Kids Navigate the Challenges So That Everyone Ends Up Happy Epilepsy In Children: Guide For Parents & Carers On Seizures, Emergencies & Everything Else You Should Know (Epilepsy In Children, Seizures In Children Book 1) The Associated Press Stylebook 2013 (Associated Press Stylebook and Briefing on Media Law) The Associated Press Stylebook and Briefing on Media Law 2011 (Associated Press Stylebook & Briefing on Media Law) I would, but my DAMN MIND won't let me: A teen's guide to controlling their thoughts and feelings (Words of Wisdom for Teens) (Volume 2) Justice While Black: Helping African-American Families Navigate and Survive the Criminal Justice System Real Estate: Learn to Succeed the First Time: Real Estate Basics, Home Buying, Real Estate Investment & House Flipping (Real Estate income, investing, Rental Property) Helping Parents Help Their Children Healing Parents: Helping Wounded Children Learn to Trust & Love Deep Thoughts & Vulgar Quotes: The Book for Adults filled with Dirty Quotes, Deep and Vulgar Thoughts, Profane Proverbs! (Shut the F\*ck Up and Color 7) Dropping the Baby and Other Scary Thoughts: Breaking the Cycle of Unwanted Thoughts in Motherhood Oldman's Guide to Outsmarting Wine: 108 Ingenious Shortcuts to Navigate the World of Wine with Confidence and Style Abandoned Parents: The Devil's Dilemma: The Causes and Consequences of Adult Children Abandoning Their Parents Interviewing in Swift: Algorithms and Data Structures: Your guide in helping you prepare for the real world of software engineering interviews as an iOS or Mac OS developer. The Feingold Cookbook for Hyperactive Children, and Others with Problems Associated with Food Additives and Salicylates Eat Real Food or Else: A Low Sugar, Low Carb, Gluten Free, High Nutrition Cookbook for the 21st Century Twinspiration: Real-Life Advice From Pregnancy Through the First Year (for Parents of Twins and Multiples) Real Time Systems and Programming Languages: Ada 95, Real-Time Java and Real-Time C/POSIX (3rd Edition) The Best Homemade Kids' Lunches on the Planet: Make Lunches Your Kids Will Love with Over 200 Deliciously Nutritious Lunchbox Ideas - Real Simple, Real Ingredients, Real Quick!

[Dmca](#)